

## Youth and Parent Perception of Participation in Treatment by RSN

**Operational Definition:** Percentage of youth and parents/caregivers agreeing or strongly agreeing with the items on the MHSIP Youth/Family Survey -Participation in Treatment Scale.

**Rationale for Use:** Research suggests that consumer's involvement in treatment results in better outcomes. It promotes self-determination and empowerment and facilitates partnership between service providers and consumers. Treatment and involvement of family members and consumers is a major value held by the public mental health system.

**Operational Measures:** The percentage of youth and parents/caregivers with an average score greater than 3.5 (agree/strongly agree) on items 14, 15, and 19 on the MHSIP Youth/Family Survey for a Fiscal Year by RSN.

- ◆ Three items are used in the Participation in Treatment Scale:
  - ◇ (14) I helped to choose my (child's) services;
  - ◇ (15) I helped to choose my (child's) treatment goals.
  - ◇ (19) I was actively involved in my (child's) treatment.

### Formula:

Take the average of items 14, 15, and 19

Number of respondents with an average score within respective ranges  
on items 14, 15, and 19 by RSN

---

Number of respondents to the survey by RSN

**Discussion:** This indicator shows youth and parents/caregivers perception of their participation in treatment. For FY05, the overall agreement rate was 69.5% and agreement rates varied by RSN from a high of 81.6% to a low of 50%. These results are similar to Statewide results found in the Fiscal Year 2001 and 2003 surveys.

### Data Notes:

- ◆ Data Source is MHSIP Youth or Family Survey, which is a confidential, self-reported measure conducted every other year.
- ◆ Youth 13 through 21 years of age fill out the Youth Survey. For child/youth less than 13 years of age their parent/caregiver completes the Family Survey.
- ◆ Trained consumer telephone interviewers conducted the survey using the CATI system.
- ◆ Copies of reports and toolkits are available on the Mental Health Division's website (<http://www1.dshs.wa.gov/Mentalhealth>) or the Washington Institute's Webpage (<http://depts.washington.edu/wimirt/Publications.htm>).

# Youth and Parent/Caregiver's Perception of Participation in Treatment

Quality VI.C.

Calc. SPSS 07/27/05

RSN	Youth and Family/Caregiver Perception				Youth and Family/Caregiver Perception			
	FY2003				FY2005			
	Total	Strongly Disagree/ Disagree	Undecided	Strongly Agree/Agree	Total	Strongly Disagree/ Disagree	Undecided	Strongly Agree/ Agree
		%	%	%		%	%	%
Northeast	12	8.3%	33.3%	58.3%	14	14.3%	35.7%	50.0%
Grays Harbor	25	12.0%	24.0%	64.0%	21	14.3%	28.6%	57.1%
Timberlands	27	3.7%	25.9%	70.4%	27	0.0%	37.0%	63.0%
Southwest	38	10.5%	26.3%	63.2%	36	11.1%	25.0%	63.9%
Chelan / Douglas	30	6.7%	30.0%	63.3%	21	0.0%	28.6%	71.4%
North Central	27	11.1%	29.6%	59.3%	38	0.0%	21.1%	78.9%
Thurston / Mason	61	11.5%	27.9%	60.7%	45	2.2%	17.8%	80.0%
Clark	89	6.7%	27.0%	66.3%	87	3.4%	14.9%	81.6%
Peninsula	49	0.0%	32.7%	67.3%	51	7.8%	27.5%	64.7%
Spokane	133	7.5%	21.8%	70.7%	95	6.3%	25.3%	68.4%
Greater Columbia	156	9.0%	25.6%	65.4%	150	6.0%	26.0%	68.0%
Pierce	161	5.0%	24.8%	70.2%	63	6.3%	25.4%	68.3%
North Sound	232	5.2%	22.8%	72.0%	195	5.6%	26.2%	68.2%
King	273	5.5%	25.6%	68.9%	240	6.7%	24.2%	69.2%
Statewide	1,313	6.5%	25.4%	68.1%	1,083	5.8%	24.7%	69.5%

